Personal protection – your life may depend on it

Assess the environment before travel:
- State Department travel warnings
- Combatant Command warnings or restrictions
- Terrorist threat level
- High crime rate areas

Key references covering personal protection:
- CJCS Pocket Card, Antiterrorism Protective Measures
- Unit Antiterrorism Officer Handbook
- Antiterrorism Enterprise Portal

Determine travel requirements:
- Soldiers and DA civilians complete Level-I AT Awareness Training
- Family members ages 14 and older traveling outside CONUS on official business complete Level-I AT Awareness Training
- Encourage family members to complete Level-I Training before any overseas personal travel
- Country/Region (AOR) specific training
- Determine requirement for a Country Clearance

(https://www.us.army.mil/suite/page/605757)